

FRENCH OPEN IKO KYOKUSHIN KARATE

French Open Kyokushin Karate Championships



Place La Maison du Judo, 12/14 rue St Théodore, in the 3rd district of Lyon
Date March 26th, 2016
Organizer Club Lyon Kyokushinkai - France
Sensei Nicolas Bergel, IKO France Branch Chief

More info: www.club-lyon-kyokushin.com

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Fees

Competitors : 25 Euros (Kumite, Kata or Kumite and Kata)
Sayonara : 25 Euros
Shihan Gorai seminar 30 Euros, March 27th, 2016.

All participants and team members of the Championship must have a valid insurance. The organizer does not provide any insurance and does not take responsibility in this area.

General public: 5 Euros.



Categories French Open Championships



KUMITE CATEGORIES

Senior +18 Years old

KUMITE

Men -70; -80; -90; +90

Women -55 ; +60

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

+35 years old

KUMITE

Seniors Man -85;

Seniors Open

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

8– 9 years old Boys

KUMITE

Boys -30; +30

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

<= 11 years old Girls

KUMITE

Girls -30;+30

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

11 -12years old Girls

KUMITE

Girls +35;+40

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

12– 13 years old

KUMITE

Boys -45; +45;

Girls +45

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

14 – 15 years old Boys

KUMITE

Boys -55; -65;

Girls -55; +55

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

15 -17 years old Girls

KUMITE

Girls -55

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

16 -17 years old

KUMITE

Boys -70; +70;

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

Mandatory protective gear for Juniors

- head gear (no face cover)**

- mouth guard

- body protectors (up to quarterfinals, semi-finals and finals without protectors)**

- fist guards (IKO standard fist guards)

- shin pads (IKO standard shin pads)

- boys groin cup

*** Organizer will provide body protectors and head gear.*

KATA CATEGORIES

Senior +18 Years old

KATA

Men

Women

(Prizes for places: 1st, 2nd, 3rd)

Preliminary round - Gekisai Sho

Final round - Tsukino kata, Saifa, Garyu,

Seienchin, Seipai, Kanku dai, Sushiho.



SCHEDULE:



25th March (Friday)

14:00-19:00 Accommodation in Hotel

14:00-22:00 Verification of all participants

Verification of participants will take place in Hotel Mercure 29 rue de Bonnel 69003 LYON

To pass the verification you must bring:

- IKO Membership Card
- Doctor's agreement
- Waiver form
- Dogi jacket

17:00-19:00 Judge Seminar (with exam)

26th March (Saturday)

09:30 Official opening of the French Open Championships (Kata-Young the morning)

12:30 Official opening Ceremony with all participants

18:30 End

20:30-21:00 Sayonara in Club Lyon Kyokushinkai (86 rue du Pensionnat 69003 LYON)

27th March (Sunday)

10:30-12:30 Seminar with Shihan Gorai

13:30-15:30 Dan examination fees: from 1st Dan to 4rd Dan (including) – 100 euro(1st and 2^{de} dan) – 200 euro(3^{ème} and 4^{ème} dan) seminar is mandatory.

[MAPS Hotel Mercure Checking and Judge seminar](#)

[MAPS Tournament and Seminar](#)

[MAPS HOTEL IBIS PART DIEU](#)

[MAPS HOTEL IBIS LES HALLES](#)

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