



FRENCH OPEN 2026
14 to 15 FEBRUARY – LYON, FRANCE



FRENCH OPEN

14-15 February 2026

Lyon, France

REGISTRATION
open2france2026.short.gy



Organized by
IKO France
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1 – KUMITE -18 years old

Categories are subject to change depending on registrations.

Two 3rd places for the minim (boys and girls), cadets (boys and girls), juniors (boys and girls) and veterans (men and women)

- Boys: 8-9 years old – (age as of February 14, 2026):
 - **-25kg; -30kg; -35kg; +35kg.**
- Boys: 10-11 years old – (age as of February 14, 2026):
 - **-30kg; -35kg; -40kg; -45kg; +45kg.**
- Boys: 12-13 years old – (age as of February 14, 2026):
 - **-40kg; -45kg; -50kg; -55kg; +55kg.**
- Boys: 14-15 years old – (age as of February 14, 2026):
 - **-50kg; -55kg; -60kg; -65kg; -70kg; -75kg; +75kg.**
- Boys: 16-17 years old – (age as of February 14, 2026):
 - **-55kg; -60kg; -65kg; -70kg; -75kg; -80kg; +80kg.**
- Girls: 8-9 years old – (age as of February 14, 2026):
 - **-25kg; -30kg; +30kg.**
- Girls: 10-11 years old – (age as of February 14, 2026):
 - **-30kg; -35kg; -40kg; -45kg; +45kg.**
- Girls: 12-13 years old – (age as of February 14, 2026):
 - **-40kg; -45kg; -50kg; +50kg.**
- Girls: 14-15 years old - (age as of February 14, 2026):
 - **-50kg; -55kg; -60kg; +60kg.**
- Girls: 16-17 years old - (age as of February 14, 2026):
 - **-50kg; -55kg; -60kg; -65kg; +65kg.**
- Veterans: Men: 35 – 45 years old - (age as of February 14, 2026):
 - **-75kg; -85kg; +85kg.**
- Veterans: Men: +45 years old - (age as of February 14, 2026):
 - **-75kg; -85kg; +85kg.**
- Veterans: Women: +35 years old - (age as of February 14, 2026):
 - **-55kg; -65kg; +65kg.**

Authorized protections:

- Head gear (with face cover for 12-17 years old, without face cover for veterans)
- Body protection (for 12-15 years old, 14-15 years old, semi-final and final without body protection)
- Fist guard (IKO standard, for 12-17 years old and veterans)
- Shin / foot (IKO standard, for 12-17 years old and veterans)
- Groin protection for boys and men
- Brest protection for girls and women

All protections must be presented at check-in on February 13, 2026.

Fight duration for minims 8-9 years old:

- **Playoffs, semi-finals and finals:**
 - Round: **1 minute and 30 seconds** (no extension, mandatory decision)

Fight duration for minims 10-11 years old:

- **Playoffs, semi-finals and finals:**
 - Round: **1 minute and 30 seconds** (no extension, mandatory decision)

Fight duration for cadets 12-13 years old:

- **Playoffs, semi-finals and finals:**
 - Round: **1 minute and 30 seconds** (no extension, mandatory decision)

Fight duration for cadets and juniors 14-17 years old:

- **Playoffs:**
 - Round: **2 minutes** (no extension, mandatory decision)
- **Semi-finals and finals (without protection)**
 - Round: **2 minutes** (no extension, mandatory decision)

Fight duration for veterans:

- **Playoffs, semi-finals and finals:**
 - Round: **1 minute and 30 seconds** (no extension, mandatory decision)

2 – KATA -18 years old

3rd and 4th place

- Boys: 8-9 years old
- Girls: 8-9 years old
- Boys: 10-11 years old
- Girls: 10-11 years old
- Boys: 12-13 years old
- Girls: 12-13 years old
- Boys: 14-15 years old
- Girls: 14-15 years old
- Boys: 16-17 years old
- Girls: 16-17 years old

Minims 8-9 years old (boys and girls) - mixed

- Playoff: **Pinan Sono Ichi**
- Final (for the first 4): **Pinan Sono Ni**

Minims 10-11 years old (boys and girls) - mixed

- Playoff: **Pinan Sono Ichi**
- Final (for the first 4): **Pinan Sono Ni**

Cadets 12-13 years old (boys and girls) - mixed

- Playoff: **Pinan Sono San**
- Final (for the first 4): **Pinan Sono Yon**

Cadets 14-15 years old (boys and girls)

- Playoff: **Tsuki No Kata**
- Final (for the first 4): **Gekisai Sono San**

Juniors 16-17 years old (boys and girls)

- Playoff: **Gekisai Sono San**
- Final (for the first 4): **Bassai**

3 - KUMITE +18 years old (age as of February 14, 2026) (D1 and D2)

Categories are subject to change depending on registrations.

- **Men:** -60kg; -70kg; -80kg; -90kg; +90kg.
- **Women:** -55kg; -65kg; +65kg.

Small finals for 3rd and 4th place.

Duration of fight:

- **Playoff**
 - Round: **2 minutes**
 - Extension: **2 minutes**
 - 2nd extension (mandatory decision): **2 minutes**
- **Semi-finals and finals**
 - Round: **3 minutes**
 - Extension: **2 minutes**
 - 2nd extension: **2 minutes**
 - Weight (difference at least 3kg)
 - 3rd extension (mandatory decision): **2 minutes**

4 - KATA +18 years old (age as of February 14, 2026)

- Men
- Women

Small finals for 3rd and 4th place.

Men and women 18-34 years old (age as of February 14, 2026)

- Playoff: **Bassai**
- Final (for the first 4): **Kanku**

Men and women +34 years old (age as of February 14, 2026)

- Playoff: **Saifa**
- Final (for the first 4): **Sushiho**