



FRENCH OPEN 2025

4 to 6 APRIL – LYON, FRANCE

OPEN DE FRANCE
5-6 AVRIL 2025
LYON

空手道

INTERNATIONAL KARATE ORGANIZATION - KYOKUSHIN

WEIGHT CATEGORIES KUMITE & KATA
JUNIOR - SENIOR - VETERAN
STAGE AVEC SHIHAN GORAI

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1 – KUMITE -18 years old

Categories are subject to change depending on registrations.

Two 3rd places for the juniors (boys and girls) and veterans (men and women)

- Boys: 12-13 years old – (age as of April 5, 2025):
 - **-40kg; -45kg; -50kg; -55kg; +55kg.**
- Boys: 14-15 years old – (age as of April 5, 2025):
 - **-50kg; -55kg; -60kg; -65kg; -70kg; -75kg; +75kg.**
- Boys: 16-17 years old – (age as of April 5, 2025):
 - **-55kg; -60kg; -65kg; -70kg; -75kg; -80kg; +80kg.**
- Girls: 12-13 years old – (age as of April 5, 2025):
 - **-40kg; -45kg; -50kg; +50kg.**
- Girls: 14-15 years old - (age as of April 5, 2025):
 - **-50kg; -55kg; -60kg; +60kg.**
- Girls: 16-17 years old - (age as of April 5, 2025):
 - **-50kg; -55kg; -60kg; -65kg; +65kg.**

- Veterans: Men: 35 – 44 years old - (age as of April 5, 2025):
 - **-85kg; +85kg.**
- Veterans: Men: +44 years old - (age as of April 5, 2025):
 - **-85kg; +85kg.**
- Veterans: Women: +35 years old - (age as of April 5, 2025):
 - **-65kg; +65kg.**

Authorized protections:

- Head gear (with face cover for 12-17 years old, without face cover for veterans)
- Body protection (for 12-15 years old, for 14-15 years old, semi-final and final without body protection)
- Fist guard (IKO standard, for 12-17 years old and veterans)
- Shin / foot (IKO standard, for 12-17 years old and veterans)
- Groin protection for boys and men
- Brest protection for girls and women

All protections must be presented at check-in on April 4, 2025.

Fight duration for Juniors 12-13 years old:

- **Playoffs, semi-finals and final:**
 - Round: **1 minute and 30 seconds** (no extension, mandatory decision)

Fight duration for Juniors 14-17 years old:

- **Playoffs:**
 - Round: **2 minutes** (no extension, mandatory decision)
- **Semi-finals and final (without protection)**
 - Round: **2 minutes** (no extension, mandatory decision)

Fight duration for veterans:

- **Playoffs, semi-finals and final:**
 - Round: **1 minute and 30 seconds** (no extension, mandatory decision)

2 – KATA -18 years old

3rd and 4th place

- Boys: 12-13 years old
- Girls: 12-13 years old
- Boys: 14-15 years old
- Girls: 14-15 years old
- Boys: 16-17 years old
- Girls: 16-17 years old

Juniors 12-13 years old (boys and girls)

- Playoff: **Pinan Sono San**
- Final (for the first 4): **Pinan Sono Yon**

Juniors 14-15 years old (boys and girls)

- Playoff: **Tsuki No Kata**
- Final (for the first 4): **Gekisai Sono San**

Juniors 16-17 years old (boys and girls)

- Playoff: **Bassai**
- Final (for the first 4): **Kanku**

3 - KUMITE +18 years old (age as of April 5, 2025)

Categories are subject to change depending on registrations.

- **Men:** -60kg; -70kg; -80kg; -90kg; +90kg.
- **Women:** -55kg; -65kg; +65kg.

Small finals for 3rd and 4th place.

Duration of fight:

- **Playoff**
 - Round: **2 minutes**
 - Extension: **2 minutes**
 - 2nd extension (mandatory decision): **2 minutes**
- **Semi-finals and final**
 - Round: **3 minutes**
 - Extension: **2 minutes**
 - 2nd extension: **2 minutes**
 - Weight (difference at least 3kg)
 - 3rd extension (mandatory decision) : **2 minutes**

4 - KATA +18 years old (age as of April 5, 2025)

- Men
- Women

Small finals for 3rd and 4th place.

Men and women -34 years old (age as of April 5, 2025)

- Playoff: **Bassai**
- Final (for the first 4): **Kanku**

Men and women from 35 to 49 years old (age as of April 5, 2025)

- Playoff: **Saifa**
- Final (for the first 4): **Sushiho**

Men and women +50 years old (age as of April 5, 2025)

- Playoff: **Saifa**
- Final (for the first 4): **Seienchin**