

For International Championships

SECOND RULES AND REGULATIONS

1. Attire:

White dress shirts with collar and dark long pants (grey, black, or dark blue).

***Bare feet, sandals and high heels are prohibited.**

2. Behavior and language:

As a Kyokushin Karate second, you must behave properly with respect.

*Prohibited:

- (1) Physical contact with a competitor during a match
- (2) Stand up or leave the designated seat (second's chair) while the competitor is on the mat (Tatami)
- (3) Insults, slander and aggression towards any competitor, or towards any person or entity associated with, or attending the Championships
- (4) Complaints, or counter claims to the judge, or of the decision of the Officials
- (5) Disregarding the direction or order of the judge, or of any Championship staff

If a second does not adhere to the above rules, Championships Officiating Committee will give the second a warning at the first offense. A subsequent offense will result in immediate ejection from the Championships and indefinite suspension.

IKO Branch Chief or IKO Honbu Direct Dojo Operator are not allowed to second (coach) the competitor.